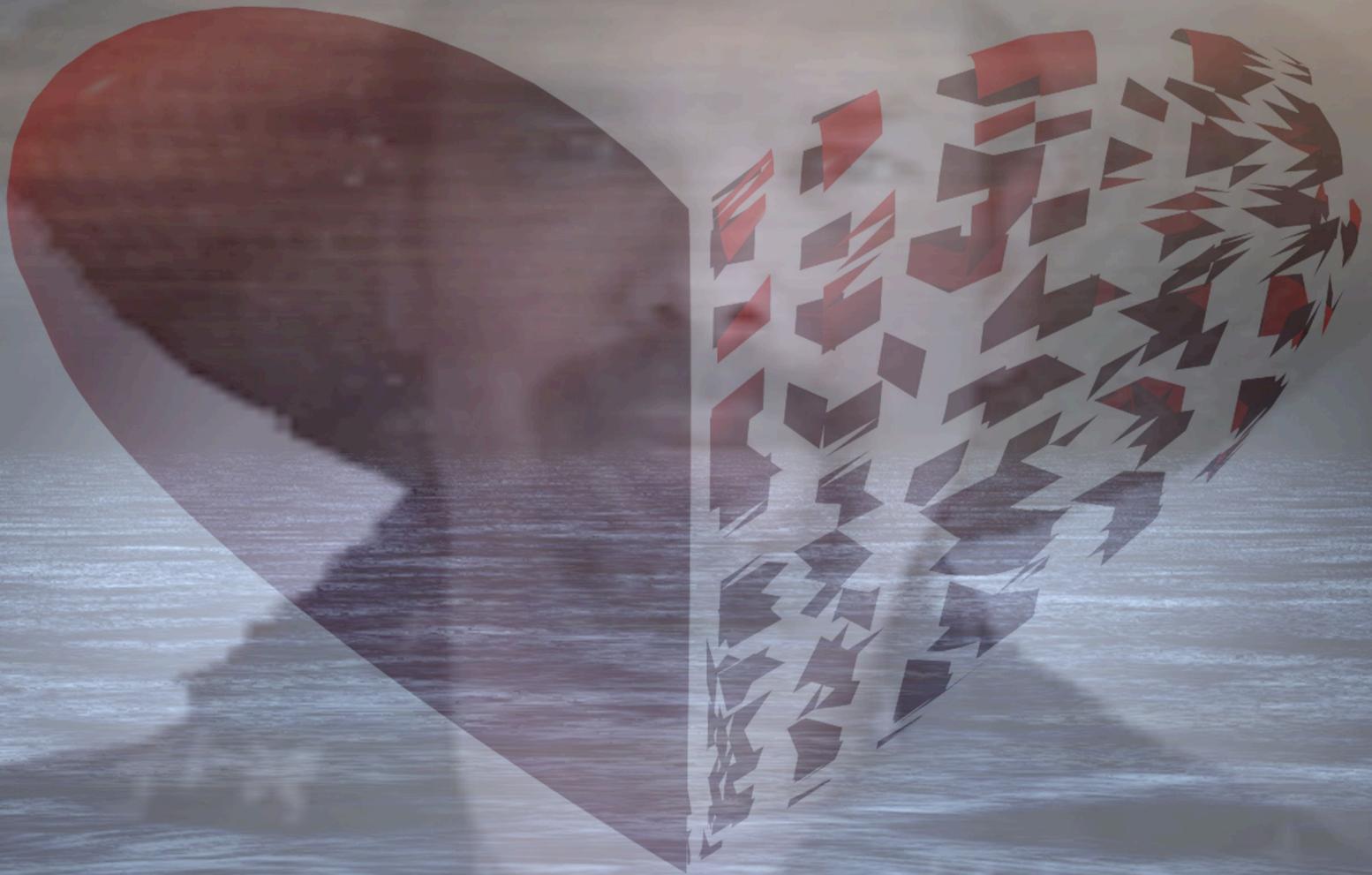


From A Heart Not Healed

Acknowledgement of Lies, Deceit, and Abandonment



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Digital Passages

Excerpt

“You really didn’t think you were the, ‘First One’, did you?”, Carrie-Anne said, as she turned facing Don. Only on a few previous occasions did she exhibit this ‘hostile’ attitude. This time she was manipulating Don for her own enjoyment, to make him ‘pay’ for something he had not done. In the dim illumination of a streetlight, her face supporting her admonition increased the severity of the emotional wound inflicted on Don.

Don stood nearby in shock as his heart wrenched around inside his chest. He knew that he was not her first, but why did she choose to smash his feelings in that way? Clearly, Carrie-Anne knew Don loved her with all his heart and soul. Now as the cold winds of Winter blew on love’s fire between them, he had to face something he would rather not consider. He wanted to know what was tearing their love apart?

For over a year, their love grew and struggled to stay alive. Now the relationship was in the throws of torment as doubts crept in; as new interests appeared; as what once seemed so real and true began to fall into ruin amid lies, deceit, and abandonment.

Later that evening, events would continue to unfold that pushed the endurance of emotions and control. So much to prove and yet, so little basis remained between them to build that proof upon.

That memory of a night so long ago returned to Don, burning in his mind in the Fall of 2000 and into 2001. Questions that were put away for decades finally emerged through the scars that still heavily covered Don’s heart. Once exposed, the old wounds disrupted Don’s outlook on life, that took eighteen months to resolve to his satisfaction.

The resolution arrived in early 2002. Nothing is hidden now. No more internal secrets to keep. No more tears to shed. Acknowledgment of the damage done decades ago and the wisdom gained from acceptance are the only realities now. This is Don’s journey, from a heart not healed, to one of understanding, forgiveness, and love.

To be continued...